



British Forces Fitness invite you our next charity social event held on **Wednesday 6th October at 1900hrs**, Hosted at The Thai Sabai Restaurant, Sleaford. As always, all profit goes to the soldiers charity Help For Heroes.

This charity event is open to all members of BFF, their friends and family.

The set menu includes a delicious sharing mixed starter plater, a main course, choice of rice and tea or coffee, all for a fantastic price of £14 per person!

Please use this order form and give it to Chris or Dale at your next BFF session with your payment by Tues 5th Oct.

Name('s): _____ Reservation for _____ Person ('s)

Please Select one dish from each section per person

Mixed starter

Quantity

Starters consist of either:

Sharing Mixed plater - chicken satay, spring roll, chicken on toast, king prawn spring roll, golden parcels with vegetables.

Vegetarian option – choice of either golden parcel vegetables or tempura vegetables.

CHOICE OF MAIN DISHES

- Chicken Thai green curry
- Chicken Thai red curry
- Beef Mussamum sweet curry with potato
- Stir fry chicken with chilli
- Sweet and Sour Chicken
- Chicken Pat Thai (noodle stir fry)*
- Chicken and cashew nut stir fry
- Vegetable Thai Green Curry (V)
- Vegetable Stir fry with Tofu (V)
- Tofu Pat Thai (V noodle stir fry)*

*these dishes do not require a rice dish as noodles accompany the main course

CHOICE OF RICE DISHES

- Steamed Jasmin rice
- Egg Fried Rice

After Meal

Tea or Coffee



Please inform the restaurant of any allergies before you order.